

Track Events Timetable

Time		Event	Age Group	Time		Event	Age Group
11.15	T1	400m Hurdles	Senior Boys	14.35	T30	200 metres Heats	Junior Girls
	T2	400m Hurdles	Inter Boys		T31	200 metres Final	Junior Boys
	T3	400m Hurdles	Senior Girls		T32	200 metres Heats	Inter Girls
	T4	300m Hurdles	Inter Girls		T33	200 metres Heats	Inter Boys
11.50	T5a	1500m Steeplechase	Senior Girls		T34	200 metres Final	Senior Girls
	T5b	1500m Steeplechase	Inter Girls		T35	200 metres Heats	Senior Boys
12.00	T6	100 metres Heats	Junior Girls	15.00	T36	1500 metres	Junior Girls
	T7	100 metres Heats	Junior Boys		T37a	1500 metres	Inter Girls
	T8	100 metres FINAL	Inter Girls		T37b	1500 metres	Senior Girls
	T9	100 metres Heats	Inter Boys				
	T10	100 metres FINAL	Senior Girls	15.20	T39	Sprint Hurdles Final	Senior Boys
	T11	100 metres Heats	Senior Boys		T40	Sprint Hurdles Heats	Inter Boys
					T41	Sprint Hurdles Final	Senior Girls
12.30	T12	1500m Steeplechase	Inter Boys		T42	Sprint Hurdles Final	Junior Boys
12.40	T13	1500 metres	Junior Boys		T43	Sprint Hurdles Heats	Inter Girls
	T14	1500 metres	Inter Boys		T44	Sprint Hurdles Heats	Junior Girls
	T15	1500 metres	Senior Boys	16.00	T45	800 metres	Junior Girls
					T46	800 metres	Inter Girls
13.00	T16	2000m Steeplechase	Senior Boys		T47	800 metres	Senior Girls
13.10	T17	300 metres Seeded races	Junior Girls		T48	800 metres	Junior Boys
	T18	300 metres Seeded races	Inter Girls		T49	800 metres	Inter Boys
	T19	300 metres Seeded races	Junior Boys		T50	800 metres	Senior Boys
13.25	T20	400 metres Final	Senior Girls	16.25	T51	200 metres Final	Junior Girls
	T21	400 metres Final	Inter Boys		T53	200 metres Final	Inter Girls
	T22	400 metres Final	Senior Boys		T54	200 metres Final	Inter Boys
13.40	T23a	3000 metres	Inter Girls		T56	200 metres Final	Senior Boys
	T23b	3000 metres	Senior Girls	16.45	T57a	3000 metres	Inter Boys
13.55	T24	100 metres Final	Junior Girls		T57b	3000 metres	Senior Boys
	T25	100 metres Final	Junior Boys	17.00	T59	Sprint Hurdles Final	Inter Boys
	T27	100 metres Final	Inter Boys		T62	Sprint Hurdles Final	Inter Girls
	T29	100 metres Final	Senior Boys		T63	Sprint Hurdles Final	Junior Girls
		Lunch Break		17.20	T64	Mixed Relays	Juniors
					T65	Mixed Relays	Intermediates
					T66	Mixed Relays	Seniors

Please listen to announcements for slight changes to the timetable.