

DEVON SCHOOLS' AA CROSS COUNTRY CHAMPIONSHIPS: SATURDAY 24th JANUARY 2026

KINGSLEY SCHOOL – NORTHDOWN ROAD, BIDEFORD, EX39 3LY

England Athletics Licence Number CC25/1773

12pm Primary Schools GIRLS RACE: (1 Short + 1 Long lap) **2065m**
12:15pm Primary Schools BOYS RACE: (1 Short + 1 Long lap) **2065m**
12:30pm MINOR GIRLS RACE (2 Short laps + 1 Long lap): **2550m**
12:45pm MINOR BOYS RACE (2 Short laps + 1 Long lap): **2550m**
1:00pm JUNIOR GIRLS RACE: (1 short lap + 1 Medium lap + 1 long lap) **3330m**
1:20pm JUNIOR BOYS RACE: (1 short lap + 1 Medium lap + 1 long lap) **3330m**
1:50pm INTER/GIRLS RACE: (2 Medium laps + 1 Long lap) **4230m**
2:10pm INTER BOYS RACE: (1 Short lap + 2 Medium laps + 1 Long Lap) **4595m**
2:35pm SENIOR BOYS RACE MENS RACE: **5465m** (1 Short lap + 3 long laps)

PEN ORDER: Left to Right	Pens 1/2	Pens 3/4	Pens 5/6	Pens 7/8
Primary Girls' Race	EAST	NORTH	SOUTH	WEST
Primary Boys' Race	NORTH	SOUTH	WEST	EAST
Minor Girls' Race	SOUTH	WEST	EAST	NORTH
Minor Boys' Race	WEST	EAST	NORTH	SOUTH
Junior Girls' Race	EAST	NORTH	SOUTH	WEST
Junior Boys' Race	NORTH	SOUTH	WEST	EAST
Inter/Senior Girls' Race	SOUTH	WEST	EAST	NORTH
Inter Boys' Race	WEST	EAST	NORTH	SOUTH
Senior Boys' Race	EAST	NORTH	SOUTH	WEST

ATHLETE RACE REGISTRATION IN
THE PREP SCHOOL HALL
OPENS AT 10:30am

Northdown Road
from Bideford
Town Car Parks

OFFICIALS'
CAR
PARK

TOILETS

AREA OUT OF
BOUNDS

AREA OUT OF
BOUNDS

TOILETS

START

STEEP
UPHILL

WARM UP
AREA



FINISH

RESULTS
ROOM &
OFFICIALS
BRIEFING

UPHILL

DOWNHILL

DOWNHILL

COURSE DESCRIPTIONS
Short Lap of Start Field = 365 metres
START - A - START - A
Medium Lap = 1265 metres
START-A-B-C-D-E-G-FINISH
Long Lap = 1700 metres
START-A-B-C-D-E-F-G-FINISH

NOTES:

**RACE REGISTRATION IS
OPEN FROM 10:30am.**
ON ARRIVAL GO TO THE
PREPARATORY SCHOOL
HALL TO CHECK IN WITH
YOUR AREA TEAM
MANAGER WHO WILL ISSUE
YOUR RACE NUMBER IN
RETURN FOR THE 'MATCH
FEE' OF £2 PER ATHLETE.

RUNNERS ARE ADVISED TO
WALK THE COURSE BEFORE
THEIR RACE AS THE COURSES
ARE NARROW IN PLACES WITH
SOME EXPOSED TREE ROOTS
SO TAKE EXTRA CARE
ESPECIALLY ON THE
DOWNHILL SECTIONS. THERE
IS A NARROW GATEWAY
BETWEEN E & G

RUNNING SPIKES
(Recommended 12mm)
SOME PARTS OF THE COURSE
NEAR BELVOIR DRIVE (bottom
of the map) CAN GET VERY WET

**HOT & COLD
REFRESHMENTS ON SALE
BY COURSE POINT C
OUTSIDE THE SPORTS HALL
FROM 10:30am**

**Race Referee: Keith Reed
(Devon AA)**