

Devon Schools Athletics Association
South-West Schools Cross Country Championships
Saturday 7th February 2026
Exhibition Fields Exeter Arena

Notes for Athletes and Parents/Guardians

Travel Arrangements

Athletes will be required to make their **own** travel arrangements to the event.

Car parking – There is parking at the Exeter Arena BUT It will be very **BUSY!** Please do not park in nearby residential streets. Later arrivals may need to drop athletes off and find a considerate space elsewhere.

On arrival – Please **report** to the **Devon Schools Tent – Counties Team Base on Course Map** by **11:15am** to register and meet your Age Group Team Manager who will hand out your Devon vest, numbers and then walk the course! Time is short as the first race is due to start at 12:30pm. Any Athletes wishing to arrive nearer their race time, must notify me when returning their permission slip!

Race Start times

12.30 Minor Girls 2680m 12:50pm Minor Boys 2680m 1:10pm Senior Girls 4110m 1:30 Junior Girls 3220m

1:50pm Junior Boys 3220m 2:15pm Inter Girls 3550m 14:35pm Inter Boys 4760m 3:00pm Senior Boys 6240m

Course Map Please see attached Course Map - Courses are on undulating grassland with some hills and suitable for spiked shoes. (suggested min of 11mm) The start and finish areas are close together on flat ground with a 140m out run to the first corner and 140m straight run into the finish line. Starts will be from designated team pens of one metre width. After the amount of rain we've had in Devon and with it continuing this week, it is going to be wet and muddy!!

Cost: **£10.00** or **£35.00** if buying a **Devon Schools Hoodie** - Cheques made payable to **Devon Schools Athletics Association** and "returned" with Acceptance slip **or more preferable a Bacs** payment – **Devon Schools Athletics Association Account no. 02709066 Sort code. 56-00-63 (NatWest)** - Please **ADD** the "Athlete's name and Age Group team (this will greatly help our Treasurer identify who has paid!!)

Kit: You will be issued with a **Devon Schools Vest** on the day (please make sure you have put your size on the return form) and which **MUST** be returned to your Age Group Team Manager **BEFORE** you leave. Please note you will need to bring your own **BLACK** shorts/leggings for this event (no other colours are allowed!) - you may wish to wear under armour/long sleeve T-shirts in Black, White or Red.

It is advisable to arrive, changed in warm and waterproof clothing and footwear as access to changing facilities will be limited out on the course.

Do not forget to bring your **4 safety pins** and something suitable to walk the course in other than your spikes!

Food and Drink: There will be facilities to buy food and drink. It is advisable to eat 2 -3 hours before your race.

Keep checking www.devonschoolsathletics.org for updates

Spectators: We welcome your family and friends to come and support you and the Devon team.

UKA Doping Statement

All participants (including athletes and athlete support personnel) in any licensed event are bound to UK Athletics' anti-doping rules and must make themselves familiar with these rules. Organisers of licensed events are expected to cooperate with UK Anti-Doping with regards to any code-compliant anti-doping investigations and proceedings linked to their event or participants in their event, and to include the following statement regarding anti-doping compliance, provided by UKAD, within their event registration process:

“An entrant shall be deemed to have made himself/herself/themself, familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules. The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the date of entering the event, whether or not the participant is a citizen of, or resident in, the UK.”

ESAA Cross Country Championships take place on Saturday 14th March at Sefton Park Liverpool – Athletes selected to represent Devon Schools – Team of 8 – will need to make their own Hotel and transport arrangements to this event.

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